

Why not become a bus buddy



Do you have a NOW bus card but are unsure about using the buses?

Don't feel isolated.

Become a bus buddy.

- Join us to get out and about and meet new friends.
- Forget driving and city centre parking charges.
- By using the local bus services you also help keep them running.

Ring: **Margaret** or **Harry** on
Brampton (016977) **2579**

or **Dave** on
Brampton (016977) **2853**

The Bus Buddy Scheme

The idea behind bus buddy is:

- *to encourage older people to use the bus*
- *to help them use the NOW card*
- *to encourage greater companionship*
- *to present opportunities to overcome isolation*
- *to team up with other transport schemes*
- *to encourage greater bus usage to save routes*

Bus Buddy is aimed at senior citizens who have the NOW card but are nervous of travelling alone on public transport and who are unable or not confident to drive anymore.

The scheme is being developed to encourage people who would like to get out and about to meet new people by showing them how to get the most from public transport and the interesting places they can visit... and all for free!

The scheme will operate approximately once a month.

The meeting point for departure will be announced in advance.

At the meeting point participants will be given a timetable and be shown how it works before departing for the day's destination.